

The Source

Commodity of the Month - Citrus

MARKET ALERTS

Bell Peppers: Green bell supplies remain tight; Coachella starts early April. Red bells firm as growers harvest early for higher prices.

Carrots: Bakersfield harvest is done; Imperial Valley light. California carrot supplies should improve in 3–4 weeks with larger sizing.

Citrus (Limes): Supplies are very tight; Mexican costs \$60+, light crossings and weak offshore volumes causing volatile markets through early April.

Citrus (Oranges): California Navels favor larger sizes (56/72ct); small sizes tight through season. Flexibility and substitutions to larger sizes advised.

Cucumbers: Supply is very limited; Mexican and Honduran volumes tight, Florida starts late March/early April, keeping prices high.

Melon (watermelon): Watermelon prices remain high; Mexican melons are main supply as offshore finishes and demand rises.

Pineapple: Pineapple market stable but tight; larger sizes rising, crownless and organic limited, Q2 costs affected by fuel.

Raspberries: Central Mexico and Baja supplies remain light, keeping markets high; tight conditions persist through mid-April/early May.

Squash: Florida supplies minimal; early Sonora starting; yellow squash prices high short-term.

Tomatoes: Rounds limited, prices high; Roma easing but volatile; grapes affordable, may rise if supply tightens.

MARCH 18, 2026

CROP UPDATES

Desert crops are running ~3 weeks early, with Yuma heat spiking to 105°F+, tightening harvest windows and accelerating maturity. Lettuce shows fringe/tip burn and rising insect pressure; broccoli, cauliflower, and leaf items face minor heat-related quality issues. Cold chain management is crucial. Salinas spring crops and early strawberries are emerging, while blackberries and raspberries remain tight. The desert season continues but transition to Salinas approaches.

[Read more](#)

WEATHER

California: Heat wave continues with highs 77–95°F; cooling begins Friday, dropping to 65–75°F coast and 80–88°F inland by Sunday.

Florida: Patchy frost Wednesday in northern Florida; warming and above-normal highs expected through the weekend.

Mexico: Dry, warm conditions through Mar 22; highs 70–82°F, lows 40–55°F.

Arizona: Low deserts remain 28–33°F above normal, triple-digit highs, 60s–70s lows; 2–5°F drop Sunday.

FREIGHT

Active freight markets this week with fuel increases nationwide are settling in. California carriers are also struggling to find drivers with the discontinuation of Non-Domiciled CDL drivers. These are key factors to rate increases, and mileposts for the future of freight.

PRO*FRESH
LOGISTICS

IN PEAK SEASON

- Avocados
- Oranges
- Potatoes
- Grapes
- Pears
- Strawberries

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Commodity Updates



Apples

The apple market remains steady to slightly higher as supplies continue to gradually decline. Retail bag programs are absorbing a significant share of the smaller fruit, requiring foodservice customers to be more flexible with the sizes they use to meet demand. Sizes 100 and smaller are particularly difficult to source in Cosmic Crisp, Honeycrisp, Pink Lady, and Gala varieties. This supply dynamic is expected to persist until the new crop arrives.

| Commodity/Region | Supply | Price | Quality |
|--|--------|--------|---------|
| Hudson, New York (September - June) | Steady | \$\$\$ | Good |



Asparagus

Mexican asparagus supply is sharply reduced, with lower yields, smaller sizing, and declining quality. Easter demand and extreme heat will add pressure, while Peruvian supply remains minimal.

| Commodity/Region | Supply | Price | Quality |
|----------------------------|--------|--------|---------|
| Caborca (Year Round) | Light | \$\$\$ | Fair |
| Peru (Year Round) | Light | \$\$\$ | Fair |
| Mexico (November - May) | Light | \$\$\$ | Fair |



Avocados

Markets remain steady at lower levels with ample fruit on the trees and consistent demand. Peak sizes are 48ct, with dry matter and oil content in the low 30s, resulting in excellent eating quality. Updates will be provided if there are any changes on the avocado front.

| Commodity/Region | Supply | Price | Quality |
|------------------------------|--------|--------|---------|
| Mexico (Year Round) | High | \$\$\$ | Good |
| California (April - July) | Light | \$\$\$ | Good |



Bell Peppers



Supplies remain very limited, particularly on green bells, as Florida has yet to recover from the recent freeze, with tight availability expected for the next several weeks. Coachella production will begin to come online in early April, gradually improving supply. The red bell market remains firm, with growers continuing to harvest at green stage to capitalize on stronger pricing.

| Commodity/Region | Supply | Price | Quality |
|-----------------------------|--------|--------|---------|
| Florida (November - May) | Light | \$\$\$ | Poor |
| Mexico (November - May) | Light | \$\$\$ | Fair |

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

Supply Partners



Commodity Updates



Berries (Blackberries)

The market is steady, with light supplies meeting moderate demand. Product is still coming from central Mexico, with California production expected to begin in mid-April and help boost inventories.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|-------------------------|-------|--------|------|
| California (Year Round) | Light | \$\$\$ | Good |
|-------------------------|-------|--------|------|



Berries (Blueberries)

Supplies remain limited, with product coming from South America, central Mexico, and California. Florida is producing but will have a short season with reduced volume due to the early February freeze.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|-------------------------|-------|--------|------|
| California (Year Round) | Light | \$\$\$ | Good |
|-------------------------|-------|--------|------|

| | | | |
|-----------------------------|-------|--------|------|
| Dover, Florida (Year Round) | Light | \$\$\$ | Good |
|-----------------------------|-------|--------|------|

| | | | |
|-----------------------------|-------|--------|------|
| McAllen, Texas (Year Round) | Light | \$\$\$ | Good |
|-----------------------------|-------|--------|------|



Berries (Raspberries)

ALERT

Supplies from central Mexico and Baja remain light, with demand exceeding supply and keeping markets elevated. Quality issues and transfer delays persist, and tight conditions are expected to continue until mid-April or early May, weather dependent.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|-------------------------|-------|--------|------|
| California (Year Round) | Light | \$\$\$ | Good |
|-------------------------|-------|--------|------|

| | | | |
|-------------------------|-------|--------|------|
| McAllen (October - May) | Light | \$\$\$ | Good |
|-------------------------|-------|--------|------|



Berries (Strawberries)

Six regions are in production, led by Santa Maria and Oxnard. Salinas and Watsonville are running about four weeks early due to favorable weather, while Baja remains steady with loading in San Diego and Los Angeles. Florida stays light through Easter, and markets are oversupplied as growers keep up with increased volume.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|-------------------------|------|--------|------|
| California (Year Round) | High | \$\$\$ | Good |
|-------------------------|------|--------|------|

| | | | |
|-----------------------------|-------|--------|------|
| Dover, Florida (Year Round) | Light | \$\$\$ | Fair |
|-----------------------------|-------|--------|------|

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

Supply Partners

Driscoll's
Only the Finest Berries™



Commodity Updates



Broccoli

Broccoli supplies have improved across all regions, with the market expected to remain steady into next week.

| Commodity/Region | Supply | Price | Quality |
|--------------------------------------|--------|--------|---------|
| Mexico (Year Round) | Steady | \$\$\$ | Good |
| Santa Maria, California (Year Round) | Steady | \$\$\$ | Good |
| Yuma, Arizona (November - May) | Steady | \$\$\$ | Good |



Brussel Sprouts

Brussels sprout supplies are strong, and the market is expected to remain steady with ample availability into next week.

| Commodity/Region | Supply | Price | Quality |
|--|--------|--------|---------|
| Mexico (December-August) | Steady | \$\$\$ | Fair |
| Oxnard / Salinas, CA (May - July) (July-Dec) | Steady | \$\$\$ | Fair |



Carrots

ALERT

Bakersfield carrot harvest is finished, with only light activity in the Imperial Valley. California carrot supplies should improve in 3-4 weeks as warm, dry weather allows the crop to size up. Early harvesting in Bakersfield produced small carrots, forcing growers to slow picking to let the crop develop. Stronger sizing and better availability are expected in the coming weeks.

| Commodity/Region | Supply | Price | Quality |
|--|--------|--------|-----------|
| Imperial Valley (February - May) | High | \$\$\$ | Excellent |
| Kern County (October - Feb) | Light | \$\$\$ | Good |
| Various Northwest Regions (July - October) | Steady | \$\$\$ | Good |



Cauliflower

Cauliflower supplies are improving, with the market expected to ease slightly heading into the weekend.

| Commodity/Region | Supply | Price | Quality |
|--------------------------------------|--------|--------|---------|
| Mexico (Year Round) | Steady | \$\$\$ | Fair |
| Santa Maria, California (Year Round) | Steady | \$\$\$ | Good |
| Yuma, Arizona (November - May) | Light | \$\$\$ | Fair |



Celery

Oxnard and Santa Maria are expected to have good supplies across all sizes this week, while Yuma production winds down quickly. Value-added item pricing should ease by midweek. Despite warm temperatures, quality from multiple suppliers remains above average.

| Commodity/Region | Supply | Price | Quality |
|---------------------------------|--------|--------|---------|
| Oxnard, California (Year Round) | Steady | \$\$\$ | Good |

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Commodity Updates



Citrus (Grapefruit)

Star Ruby grapefruit are available, peaking at 48ct, and are shipping from Riverside and the San Joaquin Valley.

| Commodity/Region | Supply | Price | Quality |
|-------------------------|--------|--------|---------|
| California (Year Round) | Steady | \$\$\$ | Good |
| Texas (October - April) | Light | \$\$\$ | Good |



Citrus (Lemons)

District 3 (CA Desert/AZ) is finished. District 1 (San Joaquin Valley) remains the main growing region until District 2 (Oxnard/Ventura) ramps up in late March/early April. District 1 is peaking in 115, 95, and 140ct, with markets rising on 165 and 200ct as product sizes up.

| Commodity/Region | Supply | Price | Quality |
|---------------------------------------|--------|--------|---------|
| CA Desert/Yuma (October - February) | Steady | \$\$\$ | Good |
| Oxnard/Ventura (February - September) | Light | \$\$\$ | Fair |
| San Joaquin Valley (October - May) | Steady | \$\$\$ | Good |



Citrus (Limes)

ALERT

Overall supplies are extremely tight, with Mexican costs in the mid-\$60s and higher due to low new-crop yields and January freeze losses. Light crossings and weak offshore supplies from Peru, Honduras, and Colombia are driving volatile markets through March into early April.

| Commodity/Region | Supply | Price | Quality |
|-----------------------|--------|--------|---------|
| Veracruz (Year Round) | Light | \$\$\$ | Good |



Citrus (Oranges)

ALERT

California Navel oranges are heavily weighted toward larger sizes, peaking on 56ct and 72ct. Small sizes (113ct, 138ct) are extremely limited and expected to remain tight through the season into the Valencia transition, possibly starting early April. Flexibility with size and grade will be needed to fill orders, with substitutions to larger sizes likely. Suppliers are managing supply to contract averages—please advise schools and DOD programs to consider 88ct or 72ct.

| Commodity/Region | Supply | Price | Quality |
|---------------------------------|--------|--------|---------|
| San Joaquin Valley (Year Round) | Light | \$\$\$ | Fair |



Cucumber

ALERT

Supply is extremely limited due to low Mexican yields and a slow spring start. Honduran imports are tight, and Florida harvest won't begin until late March/early April, keeping prices elevated over the next two weeks.

| Commodity/Region | Supply | Price | Quality |
|--------------------------|--------|--------|---------|
| Florida (November - May) | Light | \$\$\$ | Good |
| Mexico (November - May) | Light | \$\$\$ | Good |

Price Key: \$\$\$ -Low, \$\$ -Steady, \$ -High

Supply Partners



Commodity Updates



Eggplant

Florida supplies are negligible, limited to minor small or off-grade fruit, with the spring crop very limited after the freeze. Mexico is providing steady volume into Nogales and McAllen, with mild market fluctuations but overall adequate supply.

| Commodity/Region | Supply | Price | Quality |
|-----------------------------|--------|--------|---------|
| Mexico (November - May) | Steady | \$\$\$ | Good |
| Florida (November - May) | Light | \$\$\$ | Good |



Garlic

The California garlic crop is progressing with good quality, complemented by ongoing Mexican supplies.

| Commodity/Region | Supply | Price | Quality |
|---|--------|--------|---------|
| East Coast (Year Round) | Steady | \$\$\$ | Good |
| Bakersfield, California (Year Round) | Steady | \$\$\$ | Good |
| Gilroy, California (Year Round) | Steady | \$\$\$ | Good |



Grapes

Green grape supplies are tighter on both coasts, with slightly higher prices as Peru finishes and Chile offers lighter volume. Current supply meets demand, but tightening is expected later in the month. Red grapes remain in good supply, with the market slightly higher.

Grapes (Green)

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|--------|---------|
| | Steady | \$\$\$ | Good |

Grapes (Red)

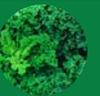
| Commodity/Region | Supply | Price | Quality |
|------------------|--------|--------|---------|
| | Steady | \$\$\$ | Good |



Green Onions

Green onion supplies continue to improve, easing the market. Availability is expected to remain steady into next week, depending on temperatures.

| Commodity/Region | Supply | Price | Quality |
|------------------------|--------|--------|---------|
| Mexico (Year Round) | Steady | \$\$\$ | Good |



Kale

Kale supplies and quality remain strong, with similar conditions expected into next week.

| Commodity/Region | Supply | Price | Quality |
|--|--------|--------|---------|
| Mexico (Year Round) | Steady | \$\$\$ | Good |
| Oxnard, California (Year Round) | Steady | \$\$\$ | Good |
| Salinas, California (May - October) | Steady | \$\$\$ | Good |

Price Key: \$\$\$ -Low, \$\$ -Steady, \$ -High

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Commodity Updates



Lettuce Iceberg

Supplies are expected to be strong this week from multiple suppliers. With Yuma temperatures hitting 100°F, shippers will likely keep daily inventories tight. Promote this item, as shippers will be flexing. Yuma production will continue for another 2-4 weeks, with Huron starting the last week of March.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|--|-------|--------|------|
| Santa Maria, California (March-December) | Light | \$\$\$ | Fair |
|--|-------|--------|------|

| | | | |
|-------------------------------------|-------|--------|------|
| Salinas, California (May - October) | Light | \$\$\$ | Fair |
|-------------------------------------|-------|--------|------|



Lettuce Leaf

Romaine is softening, while green and red leaf remain steady. Warm Yuma temperatures may cause tip and fringe burn next week, though current weights and sizing are favorable. Value-added leaf pricing has eased, and Huron production is expected to start within 1-2 weeks. Competitive pricing is expected on all leaf items this week.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|-------------------------------------|--------|--------|------|
| Salinas, California (May - October) | Steady | \$\$\$ | Fair |
|-------------------------------------|--------|--------|------|



Lettuce Tender Leaf

Tender leaf items like spinach, cilantro, and arugula are in good supply, with minor insect damage and discoloration reported. Supplies are expected to tighten next week due to the Yuma heat wave.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|---------------------|--------|--------|------|
| Mexico (Year Round) | Steady | \$\$\$ | Good |
|---------------------|--------|--------|------|

| | | | |
|---------------------------------|--------|--------|------|
| Oxnard, California (Year Round) | Steady | \$\$\$ | Good |
|---------------------------------|--------|--------|------|

| | | | |
|--------------------------------|------|--------|------|
| Yuma, Arizona (November - May) | High | \$\$\$ | Good |
|--------------------------------|------|--------|------|



Melon (Cantaloupe)

The Westside and Nogales deals are done. Offshore Cantaloupes are available in CA, TX, FL, and the Northeast. Offshore Cantaloupe pricing has increased due to demand. Retailers are taking advantage of the warmer temps and scheduled prebooks.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|----------------------------------|--------|--------|------|
| Central America (December - May) | Steady | \$\$\$ | Good |
|----------------------------------|--------|--------|------|

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

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Commodity Updates



Melon (Honeydew)

Offshore and Mexican honeydews are available but may face challenges throughout March. Plant virus issues in Guatemala and Honduras have left Mexican honeydews to help supplement the market.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|--|--------|--------|------|
| Arizona (June-July) (October-November) | Steady | \$\$\$ | Good |
|--|--------|--------|------|



Melon (Watermelon)



Lower yields and Mexican border issues are keeping watermelon prices high. Warmer national temperatures are boosting demand. Offshore melons are nearly finished, leaving Mexican melons as the main supply until domestic production begins.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|--|--------|--------|------|
| Arizona (June-July) (October-November) | Steady | \$\$\$ | Good |
|--|--------|--------|------|



Mushroom

Supplies and availability are excellent.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|------------|------|--------|-----------|
| Nationwide | High | \$\$\$ | Excellent |
|------------|------|--------|-----------|



Onions

Onions are available from WA, ID, UT, and Texas, with rising demand as the storage season winds down. Transportation is driving the market, with fuel costs up \$1 week-over-week in many areas.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|--|-------|--------|-----------|
| Eastern Oregon/Parma, ID (August - April) | High | \$\$\$ | Excellent |
| San Joaquin Valley (May - August) | Light | \$\$\$ | Good |
| Tri-Cities, Washington (July - April) | High | \$\$\$ | Good |



Pears

The pear market is gradually firming. Bartlett shipments are mostly finished, easing pressure on Anjou pears. Red pears are adequately supplied, and Bosc pears remain plentiful.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|--|--------|--------|------|
| | Steady | \$\$\$ | Good |
|--|--------|--------|------|

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

Supply Partners



Commodity Updates



Pineapples

ALERT

The pineapple market is stable but tight due to prior rain and planting gaps. Contracts remain a priority. Larger sizes are gradually increasing, with 6- and 7-crown counts rising, 8-crown steady, and 8/10 crownless still tight. Organic pineapples remain limited. Bunker fuel costs will impact Q2 pricing.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|----------------------------|-------|--------|------|
| Costa Rica (Year round) | Light | \$\$\$ | Good |
|----------------------------|-------|--------|------|



Potatoes

Supply and demand are balanced, with sheds actively making deals. Smaller counts are becoming harder to find. Burbank potatoes are now available, with Norkoths as the main variety. Washington potatoes are producing excellent quality, peaking on mid sizes, while large and small counts remain tight. Florida colored potatoes are limited due to the freeze. Trucking costs are driving the market, with fuel up \$1 in some regions.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|-------------------------------------|--------|--------|------|
| Idaho Falls, Idaho (August-July) | Steady | \$\$\$ | Good |
|-------------------------------------|--------|--------|------|

| | | | |
|------------------------------------|--------|--------|-----------|
| Pasco, Washington (August-July) | Steady | \$\$\$ | Excellent |
|------------------------------------|--------|--------|-----------|



Squash

ALERT

Florida supplies are minimal through mid-March, with early Sonora production starting. Expect elevated short-term prices, especially for yellow squash, due to the Florida freeze and the Sinaloa-to-Sonora transition.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|------------------------------|-------|--------|------|
| Mexico (June - September) | Light | \$\$\$ | Good |
|------------------------------|-------|--------|------|

| | | | |
|-----------------------------|-------|--------|------|
| Florida (November - May) | Light | \$\$\$ | Poor |
|-----------------------------|-------|--------|------|



Stone Fruit

Imported peaches, plums, and nectarines are winding down, with nectarines and peaches nearly finished and only small amounts expected by week's end. Imported plums will continue into April. Kiwi supplies from Greece and Italy remain steady, Chilean kiwi starts in April, and the last domestic kiwi has finished.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|--------------------|--------|--------|------|
| San Joaquin Valley | Steady | \$\$\$ | Good |
|--------------------|--------|--------|------|



Tomatoes

ALERT

Rounds are very limited due to the Florida freeze and Mexico, keeping prices elevated at lower levels. Roma supplies from Sonora are increasing, easing prices, but markets remain volatile through April as Florida salvage crops, Mexican disease, and a 17% duty add pressure. Grapes are currently affordable amid low demand, though partial Florida damage and Mexican split pricing could push prices higher this week if supplies tighten.

| Commodity/Region | Supply | Price | Quality |
|------------------|--------|-------|---------|
|------------------|--------|-------|---------|

| | | | |
|------------------------|-------|--------|------|
| Mexico (Year Round) | Light | \$\$\$ | Fair |
|------------------------|-------|--------|------|

| | | | |
|-----------------------------|-------|--------|------|
| Florida (November - May) | Light | \$\$\$ | Fair |
|-----------------------------|-------|--------|------|

Price Key: \$\$\$ -Low, \$\$\$ -Steady, \$\$\$ -High

Supply Partners



Weather Updates



CALIFORNIA

Strong high pressure and light offshore flow continue to create heat wave conditions, with morning lows in the low 40s to upper 50s and daytime highs in the upper 70s to mid 90s. A passing low to the north late Friday will weaken the high, bring light onshore winds, and initiate a coastal cooling trend through the weekend. By Sunday, highs are expected to drop to the mid 60s–mid 70s along the coast and low–upper 80s inland.



MEXICO

Dry conditions and warm seasonal temperatures are expected through March 22. Highs will range from the low 70s to low 80s through Thursday, dipping to the low–upper 70s Friday into Saturday, and back to the low 70s–low 80s on Sunday. Lows will be in the low 40s–low 50s through Thursday morning and mid 40s–mid 50s from Friday through Sunday morning.



FLORIDA

Patchy frost is expected in parts of northern and north-central Florida Wednesday morning. By Thursday, temperatures should moderate, reducing frost risk. Warming will continue through the weekend, with highs above normal across the state.



ARIZONA

Warming continues over the low deserts, with highs 28–33°F above seasonal normals by Friday, reaching triple digits daily and exceeding 110°F in Thermal. Morning lows will be in the low–mid 60s Wednesday, warming to mid 60s–low 70s by Friday. Temperatures will drop 2–5°F on Sunday as the ridge weakens.

For more information: <https://www.ventusky.com/?p=31.4;-89.7;3&l=rain-3h>

Freight Updates



Active freight markets this week with fuel increases nationwide are settling in. California carriers are also struggling to find drivers with the discontinuation of Non-Domiciled CDL drivers. These are key factors to rate increases, and mileposts for the future of freight.



U.S. On-Highway Diesel Fuel Prices*(dollars per gallon)

[full history](#) [XLS](#)

| | 03/02/26 | 03/09/26 | 03/16/26 | Change from | | |
|----------------------------|----------|----------|----------|-------------|----------|----------|
| | | | | 2 year ago | year ago | week ago |
| U.S. | 3.897 | 4.859 | 5.071 | ↑ 1.043 | ↑ 1.522 | ↑ 0.212 |
| East Coast (PADD1) | 3.924 | 4.901 | 5.105 | ↑ 0.978 | ↑ 1.426 | ↑ 0.204 |
| New England (PADD1A) | 4.314 | 4.970 | 5.236 | ↑ 0.936 | ↑ 1.249 | ↑ 0.266 |
| Central Atlantic (PADD1B) | 4.122 | 4.940 | 5.196 | ↑ 0.895 | ↑ 1.327 | ↑ 0.256 |
| Lower Atlantic (PADD1C) | 3.808 | 4.880 | 5.057 | ↑ 1.011 | ↑ 1.480 | ↑ 0.177 |
| Midwest (PADD2) | 3.888 | 4.801 | 4.970 | ↑ 1.015 | ↑ 1.507 | ↑ 0.169 |
| Gulf Coast (PADD3) | 3.598 | 4.627 | 4.835 | ↑ 1.090 | ↑ 1.590 | ↑ 0.208 |
| Rocky Mountain (PADD4) | 3.737 | 4.397 | 4.796 | ↑ 0.828 | ↑ 1.420 | ↑ 0.399 |
| West Coast (PADD5) | 4.534 | 5.556 | 5.856 | ↑ 1.217 | ↑ 1.653 | ↑ 0.300 |
| West Coast less California | 4.138 | 5.088 | 5.360 | ↑ 1.212 | ↑ 1.645 | ↑ 0.272 |
| California | 4.990 | 6.096 | 6.428 | ↑ 1.225 | ↑ 1.662 | ↑ 0.332 |

*prices include all taxes

For more information: <https://www.eia.gov/petroleum/gasdiesel/>

Crop Updates



Running Early, Running Hot

If you've spent any time watching the desert deal this year, one thing is clear: the crop is running early and now the heat is showing up to match it.

With roughly four weeks remaining before the seasonal transition from Yuma to Salinas, fields across the Arizona-California desert region continue to track roughly three weeks ahead of schedule after a winter marked by early rainfall followed by sustained above-average temperatures.

Now the next challenge is heat.

Temperatures in Yuma are forecast to climb rapidly this week, with daytime highs rising from the mid-90s early in the week to triple-digit temperatures approaching 105°F or higher by the weekend. Overnight lows are also climbing into the mid-60s and low-70s, which limits the amount of overnight cooling crops typically benefit from in March.

When desert temperatures spike this quickly, harvest windows often tighten as crews shift earlier to avoid the afternoon heat. Plants also mature faster under these conditions, which can shorten the overall harvest window and accelerate the end of the desert season.

Warm weather is also beginning to show up in crop quality. Growers are already noting fringe burn, weak tips, seeder, and tip burn in romaine and leaf lettuces, along with rising insect pressure as the season progresses. Crews are working fields carefully and removing outer leaves to manage cosmetic defects and protect shelf life.



Crop Updates



Broccoli and cauliflower supplies remain steady, though some fields are showing minor quality challenges including yellowing, oxidation, and occasional pin rot as temperatures climb. Leaf items such as spring mix, spinach, and arugula remain generally healthy, though insect pressure is beginning to increase.



Maintaining the cold chain becomes especially important during periods of extreme heat. Rapid cooling and proper inventory rotation will help protect quality and shelf life as product moves through distribution.



Further north, the Salinas Valley is beginning to show early signs of life. Spring crops are progressing and early strawberry harvest has started in light volume. If weather cooperates, California berries are shaping up well for Easter and Mother's Day promotions.

Other berries remain tighter. Blackberries and raspberries are still expected to be limited as Mexican production tapers from winter peaks and California volumes gradually ramp up.



For now, the desert season still has work to do. But with crops running ahead of schedule and temperatures climbing quickly, the transition to Salinas is starting to come into view.

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